



GOODEZE NEWSLETTER - JUNE 2019

Welcome to our June Newsletter! This month we were all very excited to take part in our second World Wide Knit in Public Day! We were also excited to be placed at No 2 in the Canberra Times 'Top 10 Things to do on the Long Weekend! 😊

What a fabulous day it turned out to be! We had lots of interest in GOG and our projects and it was wonderful to be able to connect with like-minded souls & the greater community through knitting & crochet.



Thank you to the many members of the public who turned out to share their enthusiasm and love for stitching and a warm welcome to all our new members who signed up on the day! Since our last KIP Day in 2018, our Facebook membership has grown from 15 to 200!! I wonder where we'll be this time next year!! 😊



GOG WORKING BEE – 30 JUNE

Our working bees provide members with an opportunity to work on joint projects, share information, skills, ideas and enjoy a coffee and a laugh with like-minded people.



If you would like to join us, our next working bee will be held on Sunday 30 June, 1-4pm at the University of Canberra Hospital, Bruce. Bring a GoG project or project of your own to work on and a name badge if you have one. Sunday's WB will also combine a small housewarming party to celebrate our new meeting place. All welcome! 😊

Donations Update

Items in need currently are men's blankets, adult beanies (particularly men's) bed socks, scarves/shawls, fingerless gloves and Gogsters.



The SFX Wolverines Wow us again!!

Here is the latest 'bag of goodies' donated by the wonderful 'Wolverines' of SFX! 😊 The number of participating students continues to grow and in this weather, I can't think of a better way to spend a cold Canberra lunchtime than with a hot chocolate and a cosy warm Goodie on your hook! Thank you to Sue for continuing to support our very special project! 💕💕



INFORMATION FOR NEW MEMBERS

We will be handing out tags at our next Working Bee to those members who are happy to attach one to each gorgeous Goodie that is created. If you are unable to make it, please don't hesitate to contact me to make other arrangements.

If you would like to receive yarn or fabric for a GoG project, please let me know so that we can make arrangements. If you have materials you would like to donate or know of someone who would like to donate to our very worthy cause, please contact Mary via email.

CONTACT DETAILS

Website: www.goodomengoodeze.org

Email: goodomengoodeze@gmail.com

Housekeeping

If you'd like to stay up to date with what Goodies are in need, please visit our website to find out current information. Also, if you would like to make yourself available to accommodate urgent requests when we receive them (2-3 days), please let me know and we will add you to our database.

Thank you to everyone who has continued to label their Goodies. The register is running smoothly, and our Quality Improvement Project is right on track! 😊



When the lovely Kath from TCH ICU puts a call out for male themed blankets, GoG delivers! Thank you to all the beautiful people who put so much love and effort into these colourful Goodies! 💕💕 Keep them coming! 😊

FACEBOOK FEEDBACK

1 June -Dear GoGs

We continue to learn how invaluable the comfort goods that you make, help us to give exemplary care to our patients and their families. This week all our Gogsters were adopted. We found out that the different textures of wool and different tones of colour were a great source of comfort for a patient that was seeking sensory calm in our overwhelming technical ward. The Gogster helped calm the patient down as they continued to run their hand over the different variations of wool.

The sweet bunnies were a great source of comfort and judging by the instant attachment of their new owners will be a special treasure. I even found that Gogsters help reduce pain as they evoke laughter. I felt privileged that one was named after me in appreciation 'Lady Kathleen'.

Once again on behalf of our staff thank you for bringing comfort into our patient's lives in difficult days. - Kath

7 June

Horsing around with the Super Stitchers at Mission Stitchin' this afternoon. 😊 It was like Christmas in June! 🎁🎄 Bags of fabric, were exchanged for gorgeous gowns, knee rugs and bandanas! Thank you to Pat, June, Christine, Lunn, May, Lucie and Yvonne! You're all beautiful people and you always make my day! 😊❤️💕💕



13 June

Touched to be able to slowly fold a knitted cosy blanket with the dementia suffering husband.... his wife had just died... he cried as he slowly and rhythmically did fold after fold....he was able to hold it close to himself as he shed a tear and kissed her goodbye.... some understanding was there, next to the confusion. Grateful to the GOGs – Tess



16 June

Its official! Last week we started our register and are formally tracking the comfort goods from GOG for our Quality Improvement Project, on how the comfort goods effect the patient experience.

We appreciate how you are labelling the goods for us. Sister Sharyn's been keeping our comfort goods cupboard stocked. Thankyou also to Mel and all the GOGs! – Kath



21 June

Love popping in on Friday's to see Pat and the Mission Stitchin' Super Stitches! 😊 Today I dropped off fleece to be used for knee rug backing and picked up beautiful gowns, rugs, bandanas and 'happy slippers' in return! Love this 'collaboration'! 💕💕 - Mary



24 June - Coincidences amaze me.

Caring for a youngish man who is a carer for his Mum. They are both in hospital and at the end of his long story about his Mum, he complained of cold feet. Well the Goodeze Clan provided again. Small thing but he felt warned and cared for, saying "I have not had warm feet for a week". These socks are instant warmth.

Then a colleague commented on his unusual name. Turns out the nurse looked after his dad 28 years ago. Warm feet, warm heart all within the first hour. Gonna be a good shift.

Thank you over and over! - Tess

26 June

Last evening, we transported an elderly patient. As part of their belongings, we took a nice knitted piece that the patient said was 'lovely' and it kept their hands warm.

This was a donated article from the lovely folks over at 'Good Omen Goodeze', an organisation run by a friend of mine, Mary.

The patient asked me to say thank you, so

A big thanks to Mary and all the other people at Good Omen Goodeze who donated their time and materials to make comfort items for patients at the Canberra Hospital 💕 - Jason



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