



GOG GAZETTE

NOVEMBER 2020



THIS ISSUE

Craft and Conversation Socials
 Xmas is Coming Mission Stitchin
 CHS Breast Cancer ICU
 Thankyou
 GOG Zoom Meetings
 Christmas Party!!

GOG Christmas Party!



5th December, 1pm
 -4pm at The Tradies,
 Dickson! Games, raffles,
 prizes for best dressed
 and Secret Santa Swap!
 Please RSVP as places
 are limited to 40.

BLOCK OF THE MONTH



Christmas Colours

Remember all blocks
 should be

- 15 cm square
- made from acrylic yarn
- have the ends worked in
- can be knitted or crocheted



WELCOME BACK CRAFT AND CONVERSATION SOCIALS



It's been almost a year since we last met, but at last we have restarted our Craft and Conversation group. They're a lovely group of people who are progressing earnestly in their crochet and knitting skills with a cheerful smile. The more the merrier. Feel free to join us on Thursdays at 1PM-2:45 at Margaret Hendry School.



XMAS IS COMING!!!



WE NEED YOU!

Volunteer Mentors for GOGS
Community Threads Project
(GOG'S CTP)

If you are interested in becoming a GOG Volunteer Mentor to assist with our Project, please contact Mary for further information. Members will be supporting participants with Crochet and Knitting, as well as regular checking in to support where required. GOG Mentors will be required to obtain a Working with Vulnerable People Card from Access Canberra online.

The beautiful elves at Mission Stitchin' have been on the ball! Pat, Marilyn, Lynn, June, Christine and Lucie (not pictured) have been hard at work making special Christmas gifts for someone who will need a lift at that time of the year. Well Done Ladies!!

WANTED



DID YOU KNOW?

You can use up the stiff horrible yarn by making it into a basket. If its 'really bad, put it in a lingerie bag after loosening the ball a bit, wash it in cold water with lots of fabric softener then in the dryer with a dryer sheet. Fingers crossed!



Needed Needed Needed Needed Needed Needed Needed
Needed Needed.....

There is low stock and a desire expressed by the hospital for small toys and small cuddle Gogsters for children. So get the hooks and needles a clicking and express your creative gene!

BE ON THE LOOKOUT FOR PINK FAIRIES



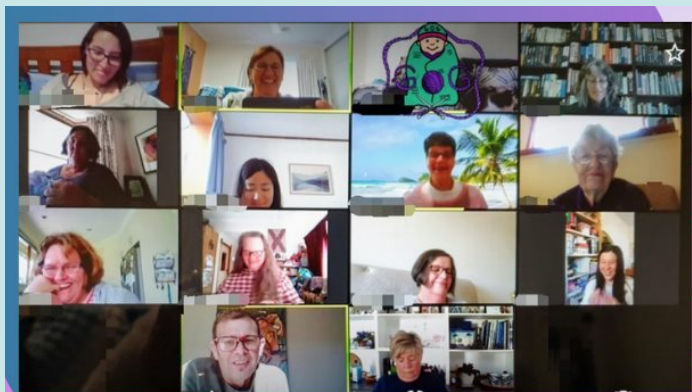
Author

Canberra Health Services

Thank you to the Good Omen Goodeze, who kindly supported the ICU's fundraising efforts with the donation of hand knitted blankets.



GOG ZOOM MEETINGS ARE BACK



"If you can't make the working bees in person, DON'T WORRY. You can ZOOM IT.

The plan is they will be held the same day and time. A separate event will be posted so just RSVP 'Going' so there is an idea of numbers. We're planning on "ZOOMING IN" at some point to say hello to everyone online.

A SPECIAL BANDANA



Head Bandannas supplied by GOG/Mission Stitchin are not used often, but when they are, they make a massive difference in the patient's appearance. Thank you ladies for these gems that reduce family trauma significantly.



XMAS CHEER

With Xmas coming, the Hospital wards will also be looking to be decorate for the season. Simple decorations to hang from an IV stand such as a wreath, cane or star are simple but wonderful ways to add a bit of cheer to that common bit of hospital equipment. We still need those beanies and slippers for our elderly but how about doing them as an elf or a christmas pudding! I've been doing a string of stars and candy canes that they can pin along a wall or curtain. Fiddlers and toys can be made with a Xmas theme. I've just finished a santa goodie doll that I hope will give someone lots of love. - Susan



ICU FEEDBACK

BABY ARTHUR



Thank you feels utterly insufficient - if the ceiling camera in the Special Care Nursery didn't just focus on baby Arthur you could have seen me sobbing with gratitude as I told him all about the GOGs, about the kindness and care in every stitch! He has still got a lot of growing to do to get into the beautiful beanies, but he has put on 110grams this week so they will be great goalposts along the way..... Thank you Mary Barlow for making the GOGs exist. Thank you Kathleen Cook for being an amazing friend and thank you to every single volunteer who gives their time to give such great comfort to families like mine.

NURSES NOTES

Satisfaction is restocking ICU with blankets, and then using some immediately when a family member has to leave, cold with fear of what has to be faced tomorrow, but warmed and enwrapped by a GOG blanket to take home, maintaining a link until tomorrow.... Tess

We are so fortunate to have these beautiful items to complement the care we give. They help to create therapeutic relationships and connections between staff and patients and families that positively impact the patient experience.... Kath



Am walking up to ICU pulling a huge suitcase full of love and care; blankets and goodies made with generosity and love for ICU. Am a bit overwhelmed and feeling moved by the people that make these. Thank you. Thank you..... you will never know the difference they make....Tess